

# JOIN TEAM PFLI

## 2011 Bank of America Marathon

### October 9, 2011

**Join Team PFLI in raising funds to help us further our mission to engage and empower at risk children through the power of sports!**

#### **What's in it for me?**

- ▶ Social events to help develop friendships and stay inspired.
- ▶ Complimentary 18-week marathon training program through CARA (\$185 value), the Midwest's largest running organization, and one year CARA membership (\$40 value)
- ▶ Admission to CARA tent the day of the race, which includes private toilet facilities, gear storage facilities, access to post-race massage therapists, a place for family and friends to gather
- ▶ Team PFLI running singlet
- ▶ A fundraising packet and an online fundraising page through Active.com
- ▶ Weekly e-mails to keep you inspired with training and nutrition tips
- ▶ The pride of being a part of the 1% of the population that runs marathons while ensuring a better future for the kids we serve!

#### **What do I need to do?**

- ▶ Raise a minimum of \$600, which we will help you do.
- ▶ Register for the marathon at [www.chicagomarathon.com](http://www.chicagomarathon.com)
- ▶ Fill out Team PFLI commitment form and CARA waiver
- ▶ Run the marathon for us knowing you are changing lives with every step!

Questions? Contact us at  
[info@playforlife.org](mailto:info@playforlife.org)

For more information on Play for Life International, please visit us on our website at [www.playforlife.org](http://www.playforlife.org)

Return all forms to:  
Play for Life International  
2635 W. Cortez, Suite 1  
Chicago, IL 60622

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## 2010 Rock'n'Roll Chicago ½ Marathon August 14, 2011

**Join Team PFLI in raising funds to help us further our mission to engage and empower at risk children through the power of sports!**

### **What's in it for me?**

- ▶ Social events to help develop friendships and stay inspired.
- ▶ Complimentary 11-week marathon training program through CARA (\$125 value)
- ▶ Team PFLI running singlet
- ▶ A fundraising packet and an online fundraising page through Active.com
- ▶ Weekly e-mails to keep you inspired with training and nutrition tips

### **What do I need to do?**

- ▶ Raise a minimum of \$400, which we will help you do.
- ▶ Register for the half marathon at <http://chicago.competitor.com/register/>
- ▶ Fill out Team PFLI commitment form and CARA waiver
- ▶ Run the half marathon for us knowing you are changing lives with every step!

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